

Open Communication

... the journey of nonviolent consciousness

Bringing NVC Alive Day by Day

Facilitated Intermediate NVC Immersion Groups

in Falmouth and Camden ME

with Peggy Smith, Certified NVC Trainer

"The Immersion Group was a master class for NVCers. It offered the opportunity to be in community and practice and develop with Peggy's skilled facilitation. With guidance and support we engaged in activities, looked deeply, and offered and received transformative presence. I noted wonderful results in my day to day life."

Theodate Lawlor, past participant

Enjoy continuing your learning of the process and consciousness of *Nonviolent Communication*. Gather support in the company of others who share a commitment to deepening NVC in their daily lives. Learn how new research about the brain enlivens NVC practice.

Bring questions, concerns, and celebrations — each session will contain a mixture of foundational learning and dynamic practice.

In Falmouth one Saturday each month. Groups run from 9:00 to 1:00 pm.

Series includes March 17, April 21, May (TBA), and June 16, 2012.



In Camden one Sunday each month. Groups run from Noon to 4:00 pm.

Series includes March 18, April 22, May 20 and June 17, 2012.



To Register or for More Information: Call Peggy Smith at 207/789-5299 or write peggy@opencommunication.org.

Fee: \$200 to \$240 requested for the series of four Sundays.
Pre-requisite a minimum of 4 days of NVC training with a Certified Trainer.

<http://www.opencommunication.org>